



Tenets of Tae Kwon Do

Courtesy

To promote the spirit of mutual concessions
To be ashamed of one's vice contemplating that of others
To be polite to one and other
To encourage a sense of justice
To distinguish instructor from student, senior from junior

Integrity

Firm adherence to a standard of values. One shall be able to define right from wrong, and have the conscience, if wrong, to feel guilt

Perseverance

One must be able to adhere to the beliefs and purpose of Tae Kwon Do.
To become a leader in Tae Kwon Do, one must learn to be patient and to persevere.

Self-control

One must exert self-control both inside and outside the dojang.
Self-control must be practiced to avoid injury to self and others.

Indomitable Spirit

One shall be modest and honest. In the face of injustice, one shall not be subdued or vanquished. Instead, the conflict must be overcome without any fear or hesitation.

PARS ACADEMY

KOREAN TAE KWON DO TERMS and NUMBERS

Master
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TAE KWON DO TERMINOLOGY

KOREAN	ENGLISH
CHA RYUT	ATTENTION
KYUNG YEA	BOW
DO JANG	SCHOOL
DO BOK	UNIFORM
DEE	BELT
SAH BOM NIM	INSTRUCTOR
JUN BEE	READY POSITION
BA RO	RETURN TO READY
SHI UT	AT EASE
KIMA JA SAE	HORSE STANCE
JU MOK CHI RU KI	FRONT PUNCH
AP KU BE SOH KI	FRONT STANCE
AP CHA KI JUN BE	FRONT STANCE KICK POSITION
AP CHA OL LI KI	FRONT STRETCH KICK
AP CHA KI	FRONT SNAP KICK
YUP CHA GI JUN BEE	SIDE KICK POSITION
YUP CHA OL LI KI	SIDE STRETCH KICK
YUP CHA KI	SIDE SNAP KICK
DOL RYU CHA KI	ROUNDHOUSE KICK
AP DOL LI KI	CRESCENT KICK
AH RE MAKI	DOSN BLOCK
AN MOM TONG MAKI	MIDDLE BLOCK
ER KUL MAKI	RISING BLOCK
KI BON HUNG	BASIC FORM
YAK SOK KYORUKI	ONE STEP SPARRING
BOO TAK HAP NI DAH	PLEASE
KAM SHA HAP NI DAH	THANK YOU
KI HAP	YELL
CHAKI	KICK
CHIKI	STRIKE
MAKI	BLOCK
HYUNG	FORM

KOREAN NUMBERS

KOREAN	ENGLISH
HANA 하나	1
DUL 둘	2
SET 셋	3
NET 넷	4
TASOT 다섯	5
YASOT 여섯	6
IL-GOP 일곱	7
YO-DUL 여덟	8
AH-HOP 아홉	9
YUL 열	10
YUL HANA 열하나	11
YUL DUL 열둘	12
SUMOL 스물	20
SUMOL HANA 스물하나	21
SARUN 서른	30
MAHUN 마흔	40
SHUIN 쉰	50
YESOON 예순	60
ILHUN 일흔	70
YUDUN 여든	80
AHUN 아흔	90
BAEK	100
KI BON HUNG	BASIC FORM
PAGEY IL CHANG	PAGEY ONE
PAGEY EE CHANG	PAGEY TWO
PAGEY SAM CHANG	PAGEY THREE
PAGEY SAH CHANG	PAGEY FOUR
PAGEY OH CHANG	PAGEY FIVE
PAGEY YOOK CHANG	PAGEY SIX
PAGEY CHIL CHANG	PAGEY SEVEN
PAGEY PAL CHANG	PAGEY EIGHT